Dashboard Confessional, I Need You

I don't know why I'm doing this. I don't see what's so unfixable. But It's getting harder all the time To deal To breathe

This pain in my arm is so much easier I can't take it in my heart anymore. I need the scars to remind myself that I need you.
I need you.

You are the only one who understands. The only one I want to understand. If they all knew It would only be worse. They judge us; They sneer. None of them see what we are. What we could be And what we can do.

But this pain in my arm is so much easier I can't take it in my heart anymore. I need the scars to remind myself that I need you.
I need you.

I need to stop.(Help me to heal.)
I need to feel better. (Hold my hand)
I need to breathe again. (Keep my head up.)

but most of all I need you. I need you. I need you.