Die Kreuzen, Don't Say Please

Get off you ass and stomp your feet
You can't stop now, ain't got the beat
You kick it around, thrash up and down
Crash to the ground 'cause you feel the heat
Pressure on your mind
Too many thoughts in your head
Brains are smashed and your body's collapsed
Get control don't lose it now
Gonna kill yourself on the floor
Now you say God's gonna save you
I think you better pray
Don't say please
Don't say please
Don't say please
You better pray