

world gotta know
that this girl gotta flow
and I'm serving them yo
nuthin like they've heard before
and thats why I give it to them cause I know they want it and they need it
Don't mean to sound conceited
but if you don't eat it leave

[Chorus]

[Bridge]

now it's the part where we break it down (uhuh)
gon break it down (uhuh uhuh uhuh)
gon break it down (uhuh) gon' break it down (uhuh)
gon break it down (uhuh)
just break it down (uhuh)
now pick it up (uhuh just put it down)
now pick it up (uhuh uhuh uhuh)
now pick it up (uhuh) just pick it up (uhuh)
now pick it up (uhuh) gon' pick it up (uhuh)

[Chorus]