

# Ekoh, Save Yourself

i know you think you know me, but you don't know where i've been  
I'm a mess, whats happiness when you just f\*\*\* it up again?  
I might lose my way  
I might not come back  
I know you try to stay to help  
But go and save yourself

This ain't a way to be livin I get it.  
Didn't know bad it was until you actually said it  
Breakin down but tellin everyone I'm fine, I know I promised I would talk before I crossed that line a  
I guess thats just the way my head works  
Open up another couple scars before you mend yours,  
I dont learn from watching others crash i gotta wreck first  
Cuz I dont think that love is really love until you get hurt  
Yea  
And i know what you think  
Said its hard to love me when i dont love myself and im on the brink.  
Of trading in this sobriety for a f\*\*\* drink  
And I don't wanna talk about it till we're bout to to sink  
yea  
Maybe i just need a day off,  
Maybe i'm just more f\*\*\* comfortable in the chaos  
You say you love me so you stay on  
Invested all your time and wonder when it's gonna payoff, huh?

So afraid of the failure that now i'm barely livin  
Spent a lifetime of working with nothin left to give it  
Lookin back at the things we been through and feel i miss it  
I been running forever I don't know how you didn't  
When you're sitting right next to me, don't know where i go  
I'm in my head with these songs and pick apart every note  
These insecurities killing me but i never show  
The things i'm thinking are probably worse than you'll ever know  
yea  
We been feeling like we can't move  
Same house, same walls, but a different view  
Spending time avoiding this inconvenient truth  
I got some problems and I'm sick of trying to blame you  
Cuz i feel,  
Like i been  
On my own  
In my head  
The light goes,  
And I see  
You fall when standing beside me

And every night i lie awake, tryin to fight but everyday i'm feeling less  
feeling less like me..  
Still waiting for me to open up  
She aint cheating, just fantasizing bout who i was  
Fell in love with this image that i portray but know it aint a lie,  
Its who i want to be at the end of the day  
I know the feelings and the thoughts will keep me down  
Depression & anxiety, hanging inside the clouds  
No matter where i go they keep following me around  
And you think that one day i can make it out