

# Eminem, Lose Yourself (Soundtrack 8 Mile)

Look, if you had, one shot, or one opportunity  
To seize everything you ever wanted, one moment,  
Would you capture it, or just let it slip, yo  
His palms are sweaty, knees weak, arms are heavy  
There's vomit on his sweater already, mom's spaghetti  
He's nervous, but on the surface he looks calm and ready  
To drop bombs, but he keeps on forgetting what he wrote down  
The whole crowd goes so loud, he opens his mouth  
But the words won't come out  
He's chokin' how, everybody's chokin' now  
The clock's run out, times up, over, bloah!  
Snap back to reality, oh, there goes gravity, oh,  
There goes rabbit he choked, he's so mad but he won't  
Give up that easy, no, he won't have it he knows  
His whole back's to these ropes, it don't matter he's dope  
He knows that but he's broke, he so stagnant that he knows  
When he goes back to his mobile home, that's when it's  
Back to the lab again, yo  
This whole rhapsody better go capture this moment  
And hope it don't pass him  
You better lose yourself in the music,  
The moment, you own it, you better never let it go  
You only get one shot do not miss your chance to blow  
This opportunity comes once in a life-time, yo  
You better lose yourself in the music,  
The moment, you own it, you better never let it go  
You only get one shot do not miss your chance to blow  
This opportunity comes once in a life-time, yo  
His souls escaping, through this hole that is gaping  
This world is mine for the taking, make me king  
As we move toward a new world order, a normal life is boring  
But superstardom's close to post mortem  
It only grows harder, only grows hotter  
He blows it's all over, these hoes is all on him  
Coast to coast shows, he's known as the globetrotter  
Lonely roads, god only knows he's grown farther from home  
He's no father, he goes home and barely knows his own daughter  
But hold your nose 'cause here goes the cold water  
These hoes don't want him no mo', he's cold product  
They moved on to the next shmo' who flows, he nose dove, and sold nada  
So the soap opera's told and unfolds, I suppose it's old partner  
But the beat goes on da da dum da dum da da  
You better lose yourself in the music,  
The moment, you own it, you better never let it go  
You only get one shot do not miss your chance to blow  
This opportunity comes once in a life-time, yo  
You better lose yourself in the music,  
The moment, you own it, you better never let it go  
You only get one shot do not miss your chance to blow  
This opportunity comes once in a life-time, yo  
No more games, I'ma change what you call rage  
Tear this mother fuckin roof off like 2 dogs caged  
I was playin in the beginning, the mood all changed  
I been chewed up and spit out and booed off stage  
But I kept rhyming and step writin' the next cypher  
Best believe somebody's payin' the pied piper  
All the pain inside amplified by the fact that  
I can't get by with my nine to five  
And I can't provide the right type'a  
Life for my family 'cause man  
These goddamn food stamps don't buy diapers  
And it's no movie, there's no Mekhi Phifer,  
This is my life and these times are so hard  
And it's getting even harder tryin' to feed and water my seed, plus

Teetertotter caught up between bein' a father and a prima donna  
Baby mama drama's screamin' on and  
Too much for me to wanna stay in one spot, another day of monotony  
Has gotten me to the point, I'm like a snail I've got  
To formulate a plot or end up in jail or shot  
Success is my only motherfuckin' option, failure's not  
Mom, I love you, but this trailer's got to go  
I cannot grow old in Salem's lot,  
So here I go with my shot, feet fail me not  
This maybe the only opportunity that I got  
You better lose yourself in the music,  
The moment, you own it, you better never let it go  
You only get one shot do not miss your chance to blow  
This opportunity comes once in a life-time, yo  
You better lose yourself in the music,  
The moment, you own it, you better never let it go  
You only get one shot do not miss your chance to blow  
This opportunity comes once in a life-time, yo  
You can do anything you set your mind to man.