

# Exodus [Thrash Metal], The toxic waltz

Here's a new dance craze that's sweeping the nation  
It's called the toxic waltz and it's causing devastation  
You're jumping up and down like a psycho circus clown  
Slamming with waltzers all the way around  
You get caught up in the whip  
You're thrown into a flip  
You aim for someone's head  
To stain the floor red  
Give someone a kick  
To prove you're truly sick  
Bounce back from some blows  
And blood runs out your nose  
Flailing round and round  
And you're injury bound  
Waltz it up!  
The pit is it!  
You can take your chance  
On this rough new dance  
If you dare!  
To dive in!  
There are some that try  
But they won't survive  
They don't hit!  
'Cause they're wimps!  
And this exercise  
Helps you brutalize  
With us!  
Exodus!  
Everybody's doin' the toxic waltz  
Kick your friend in the head and have a ball  
Come on and do the toxic waltz  
And slam your partner against the wall  
Everybody's doin' the toxic waltz  
Good friendly violent fun in store for all  
Get up off your ass and toxic waltz  
If you hit the floor you can always crawl!  
Used to do the monkey, but now it's not cool  
The twist and mash potato are no exception to the rule  
So don't be a dunce and dance like a runt  
Just throw your elbows with good friendly violent fun  
Don't start to cry  
If you get a black eye  
Just dive back in  
And give another try  
But too much action  
May leave you in traction  
So you better get insurance  
No matter your endurance!  
Flailing round and round  
And you're injury bound  
Waltz it up!  
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On this rough new dance  
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Get up off your ass and toxic waltz  
If you hit the floor you can always crawl!  
Get up on your feet  
Don't look so obsolete  
And thrash like an athlete!  
Don't sit there on your ass  
Don't look like you've got too much class  
You'll be harassed!  
You know we guarantee  
This is the key  
So rage or get the third degree!  
You begin frontal assaults  
And start your somersaults  
And do the toxic waltz!  
Do the toxic waltz!