Farmer's Boys, I Lack Concentration

Fast life, always moving I get exhausted No sleep, time to eat I'm emaciated I try but I just don't Want to go to work today I lack concentration I'm in a disarray

Walk in the country I find the scenery helps me

Relax, put your feet up I'll make a cup of tea I could make many things If you'll stay right here with me My room's not too tidy Can't stop to clean the mess I just throw my things down On the floor when I undress

What is the meaning Of this latent spring cleaning? [It's really nice!]

My mind is in a turmoil My head is in a state My body tries to tell me But it just can't relate Too bad I've used emotions Under a false pretence I lack concentration I lack common sense

Don't come on stronger I might not last much longer