Fear My Thoughts, Satisfaction Guaranteed

These grinding expectations Placed here I mustn't fail These grinding expectations Placed here I mustn't fail

Don't you see the fear in my eyes? It's never been so real Can't you taste the tears that I cried? Hollow is what I feel

The beast in me feels cornered Preparing to attack While the coward inside of me Tells me to adjust

Follow the rules! Fulfil the task they lay on you Follow the rules! Satisfaction guaranteed

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I want to tear it all apart I want to tear it all apart

These grinding expectations I hurt myself to feel These grinding expectations Kill myself to live

Follow the rules! Fulfil the task they lay on you Follow the rules! Satisfaction guaranteed