

Feeling Left Out, Crowbar

if i have to take a crowbar to your mouth
to make what's on the inside come out
ivory chips falls to the floor
swept under the rug and out the door
what a night, back and forth
with no end in sight
i can't watch this again
you just don't understand

[Chorus]
why? do we always end right where we begin
we can break this cycle if you just understand

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to make what's on the inside come out
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[Chorus]
scream it to me and i swear i'll understand
i'd rather you scream your lungs out
than sit on the edge of my bed
with your head hanging over the edge
of this four-cornered ship
on a figure-eight trip
[Chorus]

i felt our swan song coming on,
but i wasn't ready to sing it?
you curled up to me, knee to knee
with your eyes glazed over with pain
hide behind your tears
lets confront our fears

why? you always end the progress we begin
we can break this cycle if you just understand,
understand, understand (understand)