Fish, Going Under

Is it wrong to talk to myself even when there's nobody else? I'm just checking out that I'm not gone under the water Thrown on the beach like a seal ready for slaughter Can't you understand that the way things were planned It never worked out so I just went crazy I took to the drink, like something says "it's maybe" I ain't got no excuse and that's really the news Got nothing else to say, that it's my way, it's always my way I seem to be running away so often I'll try anything once and that's the way we should be But it's always the same getting caught up again in a habit, A habit I just can't shake off The way it always turned out Can you understand it's the way I choose to be Everything seems so easy this way but I'm going under fast, Slipping away, am I so crazy?