

# Flame, How Long

(Verse One)

I question myself yo' Flame why are you tryin'  
To live without the Lion of Judah inside you are dyin'  
Not communin' with the God of Mount Zion  
Can't you see you're denyin'  
The very God they can't break down to a science  
I know you're young and you see some things that you think you are missin'  
Man you trippin' you're missin' nothin' get back on your mission  
You followed the flesh next you would wallow in mess  
Don't let thinkin' bout sex throw you back like a you're Mitchell and Ness  
Don't get weary in your well-doin'  
you were doin' well until you let your well ruin and run dry  
Tryin' to fulfill them selfish ambitions  
Making sinful decisions without repentance leaves only contention  
Don't forget you're a professin' Christian  
Them lyrics you've written-  
They don't mean nothin' unless they match your livin'  
No one ever received elevation  
Dibblin' And dabblin' and rappin' with procrastination

(Chorus)

How long has it been since we've communicated  
Oh Lord I'm tired of sin it keeps me humiliated  
So much sin in the world we in and I've been regenerated  
Oh Lord I need Jesus, Jesus, Jesus oh, how long has it been?

(Verse Two)

I haven't been girded with the full armor  
I've deserted your Word it turned to nervousness and then full drama  
It's better for me to have never known  
Than to know the truth and turn back to what is wrong  
That's like spewin' from my own stomach  
Then turnin' around and eatin' my own vomit  
When I've been made clean and I don't mean Comet  
Lord break me abase me make me face holiness  
Shake me shape me make me face loneliness  
Redeem me rescue this vessel press through  
So much just to get next to you it's stressful  
It helps to confess my test it's just to bless you  
Disconnected I need to connect to you  
Where can I go to escape from your presence  
You're omnipresent you're present in hell and present in heaven  
Plus I'm weary and wounded, my theory's consumed in  
Iniquity's union my history is sick with influence

(Chorus)

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So much sin in the world we in and I've been regenerated  
Oh Lord I need Jesus, Jesus, Jesus oh, how long has it been?

(Verse Three)

Lord let these broken bones rejoice in a song  
Givin' you glory until I get home  
Never takin' my freedom and overthrow your authority on the throne  
Livin' it holy until I get home  
Desperate measures will I take from now on  
To stay away from what I'm knowin' is wrong  
Selfcontrol because my suffering is long  
No more will I ignore the fact that it's on  
Prayin' until you come back for your own  
I'm fearfully and I'm wonderfully made  
Elected and affected by your irresistible grace  
And Lord that means something

Take my heart and then clean something  
Make me mature and help me endure please  
Deliver me from the guilt and the filth, find me on my knees  
Knelt down about to put my face to the ground  
When I start renewin' my mind it'll lessen the times I have to sing

(Chorus - 2X)