Foghat, Helpin' Hand

Rod Price / Dave Peverett / Tony Stevens / Roger Earl - Knee Trembler Music - ASCAP

Been ignored and I been abused,
Been mistreated and I've been misused,
Been discouraged and turned aside,
Overloaded when my hand's are tied.
That's the time, when I need a hand - A helping hand, I need a helping hand.

{Rod - solo}

Things I do are criticized, Ripped to pieces and analyzed, I tell the truth and they call me a liar, Exaggerator and a magnifier. That's the time, I need a hand - A helping hand, I need a helping hand Yea!

{Rod - Solo}

There were times when I lived alone,
Lock the doors, disconnect the phone.
I warn everybody, tell 'em not to call,
Complete isolation, I need most of all.
But after awhile I need some company,
I tell my friends, come see about me.
That's the time, when I need a hand - A helping hand, I need a helping hand

{Instrumental}

Need a helping hand, I need a helping hand, Need a helping hand, I need a helping hand, I need somebody to stand by me, I need somebody to stand by me, Whoa yea

{Rod - Solo}

I need a hand, I need a helping hand, I need a hand, I need a helping hand, I need somebody, I need somebody, I need somebody, hey to stand by my me