## Gits, Second Skin

I've thought about it a million times It takes all my strength just to keep it calm I hove to tell myself, just let it breathe holding it inside will only help to do me in Each time I close my eyes I see another chain it's one I can't forget, something I can not break out of I need a second skin, something to hold me up can't seem to get out of this hole I've dug myself right back in Just to wake up tells me I must be brave It hits me like a drug shot into my vein It's not as delightful of a pain immobilizing me almost makes me think I'm dead I need a second skin something to hold me tough Can't do it on my own sometimes I need just a little more help I want that chance to give every drop that's left in me I need a second skin something I can not break out of I tell myself, just let it breathe It's a calmness I'm always searching for But the dirt it gets so heavy it falls above my head seeping from under my feet it just keeps on getting deeper I need a second skin something to hold me tough Can't do it on my own sometimes I need just a little more help I've got that chance to give every drop that's left in me I need a second skin something I cannot break free of Though no one ever said it'd be easy Still one's left to deny the choice that comes between your willingness to survive Though you're knowing what you stand up against a world set to deceive You need a special strength I've got that second skin I've got that chance to give I've got the only way that I know how to live with it I need a second skin something to hold me tough I need a second skin

something I cannot break out of