Groovie Ghoulies, Kick Ass

This isn't a contest, it's more a state of mind. It's not about violence, it's of a different kind. It's not about causing pain, it's not about throwing down. It's a psychological source of inspiration. Gotta kick ass, I gotta be kick ass. It's about doing your best, doing the best that you can. Performance, power, and pride, it's about taking a stand. You see that girl over there? She's gonna rise to the task. Now how would I describe her? With just two small words: Kick ass.