

# H2O, Helpless Not Hopeless

ain't it strange how time just slips away  
then i got your call the other day  
all these years and you're still in that place  
and you really don't have much to say  
like, what about your dreams?  
and are they blowing away,  
while you sit there wishing you could start again  
chorus

are you stuck in a rut? helpless not hopeless  
got a fear in your gut? helpless not hopeless  
are you waiting for luck? helpless not hopeless  
and i know how hard it is to change, with so many lives to  
rearrange and every time you feel so close, you forget  
about what you want most like what about your dreams ,  
and are they blowing away  
while you sit there wishing you could start again  
chorus

time, it's funny how time slips away  
time, and how your dreams fade away  
time, and it's hard, hard to make that change  
but, you can make that change  
chorus