

Heather Nova, Virus Of The Mind

While I was watching this talk show the other day
And on it there was this guy
And he was saying "When you let other people tell you what's right
when you leave your instinct and your own truth behind he said
that's a virus of the mind,
that's a virus of the mind";
Well I guess it's kinda like loosing your sight
For a second you think that they might be right
And it feeds the doubts that you have inside
It almost starts to feels like a crime
To follow your own rhythm and rhyme

I'm pretty happy, living in my
My own sweet time, living in my
I'm pretty happy, and I don't need your
Virus of the mind
Your virus of the mind

Well I went to this party thing last night
A lot of people I hadn't seen in a long long time
And they wanted to know about my life
But making me feel like it wasn't quite right
Like "Where's is your kids?" and "Where is you car?";
I said "I don't have either but I have a guitar";
And I ended up feeling like I was a freak
So I found some wine and something to eat
I talked to the dog to pass the time
I told myself "I'm doing just fine";
It's just a virus of the mind

It's just a virus of the mind
I'm pretty happy, living in my
My own sweet time, living in my
Yeah I'm pretty happy, and I don't need your
Virus of the mind
Your virus of the mind

It's in the deep of your soul, it's on the tip of your tongue
It's the feeling you get, when you feel young
It's in the sound of a beat, it's in the base of your spine
It's in your gut reaction, yeah every time
But they tell you what you should have, they tell you who you should be
It's in the pictures and ads and in the magazines
I'm kicking it off like a bug in the breeze
Cause is anyone out there inside me
I say "Is anyone out there inside me?";
I say "Is anyone?";

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