

# Helen Reddy, Best Friend (demo)

Would you take better care of yourself  
Would you be kinder to yourself  
Would you be more forgiving of your human imperfections  
If you realized your best friend was yourself

Who is always with you everywhere  
Who is on your side when others are unfair  
And tell me, who will never let you down in any situation  
Who will always see you get your share

And that's why I am a best friend to myself  
And I take me up whenever I feel low  
And I make my life as happy as a best friend would  
I'm as nice to me as anyone I know

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