

Helheim, Jernskogen

I et helheimsk brak tordnet Tor
Tre udyr fdes noen har drevet hor
Avguder ler godt i natt hyller jotun-mor Angerboda

ye for ye tann for tann
Hst hva du sr hvis du sr din egen grav

Verg deg for nord
vokt deg for den urskog
Skapninger i ulvens ham
Fenris har blod p tann

(English translation:)

(Ironforest)

In a hellish crash Thor thundered
Three beasts were born
someone has committed adultery
Demigods laughs tonight
hailing the jotun-mother Angerboda

An eye for an eye and tooth for a tooth
Reap what you sow if you sow your own grave

Defend yourself against the north
guard yourself for the primeval forest
Creatures in the guise of the wolf
Fenris has blood on teeth