

# Henry Rollins, Up For It

I take time thinking about the moves I'm gonna have to make  
I take time thinking about the rules I'm gonna have to break  
it's always push and shoving  
sometimes it comes to nothing  
sometimes it's more than a mere mortal man can take  
I'm up for it  
I'm up for it  
I'm up for it  
I'm up for it  
the day to day can become such a trip  
the mediocre can make you lose your grip  
it's all on you and what you've got  
you can play it cool or make it hot  
I pay the price and take my shot  
stay up for it  
I'm up for it  
I'm up for it  
I'm up for it  
burning out, wearing thin  
can't believe the shape you're in  
there's always somebody who's gonna try to make it worse  
there's always a line to stand in  
as long as I'm still standing  
you best believe I'm gonna make other plans  
stay up for it  
stay up for it  
stay up for it  
up for it, up for it  
I am up for it man  
time, time, stop wasting mine, mine  
don't stand their crying, crying  
just make up your mind  
time, time, stop wasting mine, mine  
don't stand their crying, crying  
just make up your mind  
stay up for it  
stay up for it  
stay up for it  
stay up for it man  
I take time thinking about what I'm gonna have to do  
what it takes, how it is and when I'm gonna light the fuse  
all this push and shoving in the end all amounts to nothing  
I'll never get a second chance looking me in the face  
I'm up for it  
I'm up for it  
I stay up for it  
I stay up for it  
the day to day can become such a grind  
the mediocre can make you lose your mind  
it's all on you and what you've got  
you can play it cool or make it hot  
I pay the price and take my shot  
stay up for it  
I'm up for it  
I'm up for it  
I'm up for it  
? or now in future shock  
by the numbers ? ? stop  
there's always somebody's who's gonna try to take your brain  
as long as they're selling something  
I'll be smelling something  
I've seen them come and go so many times  
I'm up for it  
I stay up for it

I stay up for it  
I stay up for it  
now what else are you gonna do?