

# Hi-STANDARD, Spread Your Sail

Now I am sailing cross a dark and troubled sea  
Sometimes life has brought me pleasure,  
Somtimes pain  
Take with a grain of salt, ause it my destiny

If I hesitate, I will hit a rock, sink to the bottom

Spread your sail  
Feel God breath  
Take the helm and set your course

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Feel God breath  
Take the helm and set your course

And sometimes I am given gifts from paradise  
I don know if I should feel thankful or afraid  
Please don tell me anything  
I know you know everything  
So I am sailing on  
I think of you and watch the horizon

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