Holden Avenue, Stand Up

When feeling down Near to the ground Stand the fuck up, take a look around Now it's your time so Don't get burried alive When feeling down Near to the ground Stand the fuck up, take a look around Stop starring at the sun Live your fucking life to live is not to die to love means to live put all the things aside think what you can give Don't waste your time You've got one life You know it's impossible To move back in time Don't worry too much You've got one life Don't let the sorrow get you down Just stand up, be fucking alive