

Howie Day, Help!

i need somebody
not just anybody (help)
ya know i need someone

when i was younger so much younger then today
i never needed anybody's help in any way
and now these days are gone
im not so self assured
now im fine, i changed my mind
ive opened up the doors
help me if you can im feeling down
and i do appreciate you being 'round
help me get my feet back on the ground
wont u please please help me

and now my life has changed in oh so many ways
my independence seems to banish in the haze
but every now and then i feel so insecure
i know that i just need ya like ive never done before

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ive changed my mind, ive opened up the doors
(chorus)
wont you please please help me
help me