

# Howie Day, Help!

i need somebody  
not just anybody (help)  
ya know i need someone

when i was younger so much younger then today  
i never needed anybody's help in any way  
and now these days are gone  
im not so self assured  
now im fine, i changed my mind  
ive opened up the doors  
help me if you can im feeling down  
and i do appreciate you being 'round  
help me get my feet back on the ground  
wont u please please help me

and now my life has changed in oh so many ways  
my independence seems to banish in the haze  
but every now and then i feel so insecure  
i know that i just need ya like ive never done before

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im not so self assured  
and now im fine  
ive changed my mind, ive opened up the doors  
(chorus)  
wont you please please help me  
help me