Ice Ages, The Fiend

Where is this fiend you are denying What is this tool you've been in distant lands With frigid eyes some one can see you Your inner self, that you could never stand.

For now you are what you have longed be forgotten light - forgotten in your fear Threw out your night, behind its safety care this shield conceals your fragile sleep

Come watch your blood that turned to ice.
This poison in you mind, your substitute for life
Those broken peaces of your mind
Those crumbled tiny grains, now parted from your mind.