

India Arie, Get It Together

One shot to your heart without breaking your skin
No one has the power to hurt you like your kin
Kept it inside, didn't tell no one else
Didn't even wanna admit it to yourself
And now your chest burns and your back aches
From 15 years of holding the pain
And now you only have yourself to blame
If you continue to live this way

(Chorus:)
Get it together
You wanna heal your body
Get it together
You have to heal your heart
Whatsoever you sow you will reap
Get it together

You can fly fly

Dark future ahead of me
That's what they say
I'd be starving if I ate all the lies they fed
Cause I've been redeemed from your anguish and pain
A miracle child I'm floating on a cloud
Cause the words that come from your mouth
You're the first to hear
Speak words of beauty and you will be there
No matter what anybody says
What matters most is what you think of yourself

(Chorus)

The choice is yours
No matter what it is
To choose life is to choose to forgive
You don't have to try
To hurt him and break his pride
Just shake that weight off
And you'll be ready to fly

One shot to your heart without breaking your skin
No one has the power to hurt you like your friends
Thought it would never change but as time moved on
That ugly duckling grew up to be a swan
And now your chest burns and your back aches
Because now the years are showing up on your face
But you'll never be happy
And you'll never be whole
Until you see the beauty in growing old

(Chorus)
(chorus)
you can fly fly fly fly...
you can live or you can die
you know that life is a choice you make
you can give or you can take

you can fly fly fly fly
you can fly fly fly fly...