

# Jacob Banks, Slow Up

what I've learnt from the ocean  
hard to dance and rejoice in the motion  
let the sun have its moment  
the moon will come  
what I've learnt from a soldier  
every man is a son to a daughter  
and we only remember  
and we only remember

when we see the blood  
don't grow up on me  
keep that backstroke in your afro  
don't you grow up on me  
Slow up homie  
don't you grow up on me  
keep it OG sipping slowly  
don't you grow on me  
show off on me  
what I've learned from a traveler  
there's no road that can lead to nirvana  
there's a world to discover  
but home is love

what I've learnt from a mirror  
look to the hard and you'll find you a stronger  
love is just a decision  
the choice a decision  
the choice is yours  
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keep that backstroke in your afro  
don't you grow up on me  
Slow up homie  
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