

Jamie O'Neal, Frantic

Wake up, ninty miles an hour
Take the world's fastest shower
Coffee black, microwave it
I'm at at my best caffeinated
Out the door, pick up the pace
I'm here, I'm there, I'm everyplace

That's how it goes
A day in my life
I'm on my toes
From morning to night
Livin' like this
Some might say it's
So exhaustin' frenzied, manic
Call me nuts but I like it frantic

I'm not bulit for relaxing
I get bored without some action
One speed is all I know
Seize the day, yeah that's my motto
Maybe someday, I'll slow down
Maybe someday, but for now

That's how it goes
A day in my life
I'm on my toes
From morning to night
Livin' like this
Some might say it's
So exhaustin' frenzied, manic
Call me nuts but I like it frantic

Things I haven't done
Keep me on the run
But time sure does fly
When you're having so much fun

That's how it goes
A day in my life
I'm on my toes
From morning to night
Livin' like this
Some might say it's
So exhaustin' frenzied, manic
Call me nuts but I like it frantic

Oh,I like it frantic
Oh,I like it frantic
Yeah, I like it frantic
That's how it goes
I like it frantic