

# Janet Grogan, Ashes (Of Yesterday)

Run away, run away  
Try to act like everything's okay  
Take the pain, feel the shame  
Try to shout, but all in vain  
Push it down, so used to hiding pain now  
Ask yourself, "Am I insane?"

All of the words got inside of your head  
You gotta wipe off the tears you shed  
Gotta get up now and march ahead  
You're so much better

We're lighting a fire  
In ashes of yesterday  
Because we are fighters  
With bruises to erase  
Don't let nobody put us down  
Our voice is still the same  
Because we are fighters  
We're lighting a fire  
In ashes of yesterday

(Oh-oh, oh-oh, oh-oh-oh)  
(Oh-oh, oh-oh, oh-oh-oh)  
(Oh-oh, oh-oh, oh-oh-oh)  
Ready to face another day  
Feeling brave, 'cause words can't bring you down now  
Nothing they say will ever change (Who you are)  
You know the rainy days will wash away  
The pain from everyone of us  
So, let's break the chain  
Neglect the pain

All of the words got inside of our heads  
We gotta wipe off the tears we shed  
We gotta get up now and march ahead  
We're so much better

We're lighting a fire  
In ashes of yesterday  
Because we are fighters  
With bruises to erase  
Don't let nobody put us down  
Our voice is still the same  
Because we are fighters  
We're lighting a fire  
In ashes of yesterday

(Oh-oh, oh-oh, oh-oh-oh)  
(Oh-oh, oh-oh, oh-oh-oh)  
(Oh-oh, oh-oh, oh-oh-oh)

Don't let nobody bring you down  
Keep on marchin' to the drum  
Don't let nobody bring you down  
Keep on marchin' to the drum

We're lighting a fire  
In ashes of yesterday  
Because we are fighters  
With bruises to erase...  
(Don't let nobody put us down)  
(Our voice is still the same)  
(Because we are fighters) Because we are

(We're lighting a fire) Lighting ah-ah, ah  
(In ashes of yesterday)

(Oh-oh, oh-oh, oh-oh-oh) Don't let nobody bring you down  
(Oh-oh, oh-oh, oh-oh-oh) No-no-no-no, no-no-no-no,  
(Oh-oh, oh-oh, oh-oh-oh) No-no-no-no-no  
Ashes of yesterday