Jasmine Guy, Can't Help It

cant help it
cant help it

cant help whats been happing to me
cant help whats changing in my life
cant help who i am
cant help it
cant help what i look a like
cant help who i am
cant help me changing
cant help my moods being mixed around

cant help me saying the same thing
cant help it
cant help what i'm going through
cant help if i'm like this
cant help what i do
cant help it baby
cant help who i am
cant help who i love
cant help no more
i'm tired of being who i am
so i change everytime
baby cant help it
cant help it
cant help whats been going on in my life

cant help whats been around me
cant help it
cant help how i look
cant help you babe
cant help it
it's just me
you'll soon get over it
cant help it
cant help it honey
cant help it ! cant help it cant help it
whats a matter with it
cant help it !! cant cant help it