Jasmine Guy, Can't Help It

cant help it cant help it

cant help whats been happing to me cant help whats changing in my life cant help who i am cant help it cant help what i look a like cant help who i am cant help me changing cant help my moods being mixed around

cant help me saying the same thing cant help it cant help what i'm going through cant help if i'm like this cant help what i do cant help who i am cant help who i love cant help no more i'm tired of being who i am so i change everytime baby cant help it cant help it

cant help whats been going on in my life

cant help whats been around me cant help it cant help how i look cant help you babe cant help it it's just me you'll soon get over it cant help it cant help it honey cant help it! cant help it! cant help it whats a matter with it cant help it!! cant cant help it!