

# Jen Foster, Amen

Words & music by Jen Foster

When the light of love surrounds you  
When the dark of night confounds you  
When the shadow life astounds you  
Breathe in, and say amen, amen, once again  
The day breaks in technicolor  
A mother wakes her child from slumber  
A little boy peeks out from under the sheets and grins  
Say amen, amen, once again  
At times this world can be so beautiful  
It's hard to take it all in  
But don't you be afraid, just let it rain  
And say amen  
A boy kisses a girl for the first time  
A bird leaves her nest and takes flight  
A broken man gets up and tries again  
Say amen, amen, once again  
At times this world can be so beautiful  
It's hard to take it all in  
But don't you be afraid, just let it rain  
And say amen