

# Joel Plaskett Emergency, This Is A Message

This is a message  
To anybody  
Who's feeling lonely  
Who's feeling nutty  
Sending a signal  
Across the nation  
Turning the dial  
To find the station

You breathe once  
You breathe twice  
You hit the couch  
You hit the lights  
You breathe once  
You breathe twice  
You hit the couch  
You hit the lights

To all the lifers  
And all the lovers  
Inside of the prison cell  
And under the covers  
There's a transmission  
There's a connection  
Adjust your volume  
And your reception

You breathe once  
You breathe twice  
You hit the couch  
You hit the lights  
You breathe once  
You breathe twice  
You hit the couch  
You hit the lights

And in the darkness  
There is a feeling  
To cure the heartless  
And start the healing  
To anybody  
Needing a little love  
Needing a little love  
Needing a little love

You breathe once  
You breathe twice  
You hit the couch  
You hit the lights  
You breathe once  
You breathe twice  
You hit the couch  
You hit the lights  
The lights  
Hit the lights  
Hit the lights  
Hit the lights  
Hit the lights  
Hit the lights