

Joel Plaskett Emergency, This Is A Message

This is a message
To anybody
Who's feeling lonely
Who's feeling nutty
Sending a signal
Across the nation
Turning the dial
To find the station

You breathe once
You breathe twice
You hit the couch
You hit the lights
You breathe once
You breathe twice
You hit the couch
You hit the lights

To all the lifers
And all the lovers
Inside of the prison cell
And under the covers
There's a transmission
There's a connection
Adjust your volume
And your reception

You breathe once
You breathe twice
You hit the couch
You hit the lights
You breathe once
You breathe twice
You hit the couch
You hit the lights

And in the darkness
There is a feeling
To cure the heartless
And start the healing
To anybody
Needing a little love
Needing a little love
Needing a little love

You breathe once
You breathe twice
You hit the couch
You hit the lights
You breathe once
You breathe twice
You hit the couch
You hit the lights
The lights
Hit the lights
Hit the lights
Hit the lights
Hit the lights
Hit the lights