John Farnham, The First Step

C Thompson, J Kravetz, and K Reid

If you wanna feed all the children Then start by feeding one And if you wanna find a mountain To build your dreams upon

You need love (the heart to care) Give me strength (the nerve to dare)

It's gonna be great when we get there

Take the first step the hardest to take Breaking away Take the first step whatever it takes All the way And you're already there

If you wanna change the system You better build a better one You're gonna meet resistance But the time will come

You need hope (the will to learn) Don't give up (the tide will turn)