

Journey, Be Good To Yourself

(Perry/Cain)

Runnin' out of self-control
Gettin' close to an overload
Up against a no win situation
Shoulder to shoulder, push and shove
I'm hangin' up my boxin' gloves
I'm ready for a long vacation

[Chorus:]
Be good to yourself when, nobody else will
Oh be good to yourself
You're walkin' a high wire, caught in a cross fire
Oh be good to yourself
When you can't give no more
They want it all but you gotta say no

I'm turnin' off the noise that makes me crazy
Lookin' back with no regrets
To forgive is to forget
I want a little piece of mind to turn to

[Chorus]

Be good to yourself when, nobody else will