Judith Owen, Message From Heaven

The rules have changed I'm not the same girl as i used to be And it's getting better to be stronger And now
The day has died
I wore my hatred like a badge of pride
So pinch me if i'm dreaming

And when i saw her i knew her I watched her as she pushed the plate away Should i save her Should i get down on my knees and pray

Free her today Send her a message from heaven She's got so much to say And she's beautiful

Free her today Send her a message from heaven Before she throws it all away Tell her she's beautiful

It's the cruelest thing You can't see even for all of your shame And it's just so damn hard getting stronger But i know now There's a place inside And it holds the flame that neverever dies The longer it burns the brighter it shines

When is saw her i knew her I understood the hateful things she'd seen And i spoke to her I got down on my knees and prayed for her life

Free her today Send her a message from heaven She's got so much to say And she's beautiful

Free her today Send her a message from heaven Before she throws it all away Tell her she's beautiful

You know her name Yes indeed you know her name (yes indeed) Sister if you've been where i've been You know her name

Free hert oday Send her a message from heaven She's got so much to say And she's beautiful

Free her today Send her a message from heaven Before she throws it all away Tell her she's beautiful

Tell her tell her... Free her Send her a message from heaven Free her Send her a message from heaven

[variations of chorus repeat and fade]