## Karate High School, Good News And Bad News

Good evening, sir.

I have both good news and bad news.

What do you want to hear first?

But before you open your mouth and give me an excuse to strike you down with a bright lighting both Let's just say that before you choose, you should know that either way you lose.

It's a tough choice, I know.

But that's how it goes.

"Well if I have to know today, give me the good news first."

The Good News is that it's the end of the line, and all things heal with time, so just let go.

The Bad News is that while time heals all wounds, it will eventually be the thing that kills you.

Look, I know I can't live my life without eventually trusting in something bigger.

It's just so hard for me to let things go, even though I know it's beyond my control.

It's a tough choice, I know.

But that's how it goes.

" Well if I have to know today, give me the good news first. "

The Good News is that it's the end of the line, and all things heal with time, so just let go.

The Bad News is that while time heals all wounds, it will eventually be the thing that kills you.

And what's so wrong with that?

Living forever is overrated.

And after we take the first step towards forgiving ourselves, you know what happens?

We're never the same.

No, never again.