

# Kicked In The Head, Breakdown

Why can't you release the fear?  
Take a chance so you can be free  
Get out of this hole shoveled deep by insanity  
Why run and hide? Is it 'cause it threatens you?  
Trash anger for something new  
This fad has come and gone

Open your eyes...Open your mouth...  
Open your ears...Don't hold yourself back  
Open up and release the fear

It's time so open wide  
Don't fight it let it ride  
Detonate history  
Destroy this legacy  
Why live a lie? You're just getting screwed  
Talk's cheap you're turning blue  
Pull the plug and push on

Open your eyes...Open your mouth...  
Open your ears...Don't hold yourself back  
Open up and release the fear

Breakdown! Breakdown!  
Why don't you breakdown!  
The time is now! Can you taste it!  
You've got to kill it or it kills you!  
Open your eyes...Open your mouth...  
Open your...mind!