

Killing Heidi, Calm Down

When your head is spinning and you're feeling overwhelmed
And your ears are ringing 'cause your heart is beating so damn loud
And your mind is numbing and your heart is pumping out
Oh it feels like you're running but your feet won't touch the ground

Chorus:

Calm down, calm down
Now all defences are down
Calm down, calm down, calm down

When it feels like you're tripping but you're not sure what about
You just might be slipping, ice queen is melting down
And the blood is pumping and your head is spinning round
And your heart is thumping and your tongue is hanging out

Chorus

When you're feeling overwheled, are you
Calm down, calm down, calm down

When your head is spinning and feeling overwhelmed
And your ears are ringing 'cause your heart is beating so damn loud

Chorus

Now you're feeling overwhelmed, are you
Calm down, calm down, calm down

Come back, come back, come back
Come back, come back again
Come back, come back, come back
Come back, come back again