## Knockout Theory, Self-Destruction

Before you judge somebody, youve gotta judge yourself Youre a ticking time bomb; its affecting your health Wasting all your time and youve gotta stay on task Youre a hijacked train and youre running off track You never go out, youre always at home You turn to drugs, and youre always alone My question is when will this stop? Times running out keep your eye on the clock Youre losing your mind; youre killing your soul Everybodys worried that youre getting out of control But no one steps in to save you You sit in your room; youre fading away Youre getting worse every single day Only you know the solution You look in the mirror but dont like what you see You only have your solitude thats good enough for me You ask yourself the question, what are you living for? Your existence is a joke and the answers arent sure You used to have friends, but that didnt last Todays a new day and that was the past There is still hope, now will you give in Do it for you and do it for them Youre losing your mind; youre killing your soul Everybodys worried that youre getting out of control But no one steps in to save you You sit in your room; youre fading away Youre getting worse every single day Only you know the solution To your self-destruction [2x]