

# Knockout Theory, Trapped Inside

I've ran away too far, too long  
Trying to be rid of thoughts and pains  
That build me up, that drag me down  
That crash the waves upon my feet  
But now I see there's no escape  
I really need to come to grips  
With the idea that one cannot destroy his sense of right and wrong  
Thoughts have trapped me like a prison  
Take a look and come inside  
I've got an interesting notion  
One I can't just cast aside  
I promise you I will escape (I will escape)  
I guarantee that this whole life is but a dream  
I'm trapped inside; I must break free  
I'm getting out of here whatever it takes  
Go! Go! Go! Go!  
Go! Go! Go! Go!  
There's many things I haven't done  
But I only fear the ones I have  
I hit and run, I aim to please  
I just disgust my conscience any way I can  
But now I see the open door  
With the light coming through  
It speaks (to me, to you, to us)  
We can't dodge these inevitable truths  
Thoughts have trapped me like a prison  
Take a look and come inside  
I've got an interesting notion  
One I can't just cast aside  
I promise you I will escape (I will escape)  
I guarantee that this whole life is but a dream  
I'm trapped inside; I must break free  
I'm getting out of here whatever it takes  
It's like the hardest part of breaking free is convincing myself that it'll be alright  
Fall dependent on better things in life  
And I won't let go this time - I'm breaking free, coming clean  
I promise you I will escape (I will escape)  
I guarantee that this whole life is but a dream  
I'm trapped inside; I must break free  
I'm getting out of here whatever it takes