Kodaline, One Day

One day it's here and then it's gone How are you still holding on? How are you still holding on?

You've felt this way for far too long Waiting for a change to come You know you're not the only one

And life passes you by Don't be wasting your time On your own

You always try to see yourself Through the eyes of someone else Through the eyes of someone else

Too shy to say that you need help You and everybody else You and everybody else

Oh, life passes you by Don't waste your time On your own

Yeah life passes you by Don't be wasting your time All alone

As your heart gets bigger And you try to figure out What's it all about

And your skin gets thicker As you try to figure out What's it all about

Yeah life passes you by Don't waste your time On your own

One day it's here and then it's gone How are you still holding on? How are you still holding on?