

# Lazy Town, Good Stuff

What goes up, must come down  
People always tell me  
But if you put a seed, in the ground  
You'll see what goes down, must come up  
What goes down comes up  
When things start to grow  
Good stuff starts to flow  
It's the good stuff  
It's the energy  
We're growin' good stuff  
It's the remedy  
We're growin' good stuff  
The best things in life are free  
Plant what you wanna grow  
Good stuff starts to flow  
It's the good stuff  
It's the energy  
We're growin' good stuff  
It's the remedy  
We're growin' good stuff  
The best things in life are free  
Good stuff  
We're growin good stuff