

Lennie Moreno, One Life

Jump to the left now jump to the right, that's right,
We gonna make yo body dance all night, close yo eyes,
Shake yourself from all the drama that's in yo life,
Step right front, now step right back, hands to the sky, make it pop and jump right back,
Drums to the core, hands in the air: now that's for sure,
Drink, drink, smoke, now let's get high, maybe u gonna choke but u gotta try to be hypnotized,
Shake that shit, it's all about going nuts,
Show everyone that u got some guts, bounce it up,
Gimme more, start that flow, jump to the floor, jump to the core,
Rip that shirt, go bezerk, make the bridge but go inverse,
Jumping jacks, in the dirt, rip that skirt, 3-2-1,
Ready set go, check the flow, don't go slow,
I don't give a shit if u rich or poor, u got some dough?
Buy a round for the whole damn floor

Chorus:

Montreal, NYC, Barcelona to Tennessee,
India, Africa, Asia n America

I'm back, I'm back, oh shit, it's going down like this: no class,
Dance n jazz sprinkled with a little bit of rap, rap attack,
Tap that ass and then make it pass, make it last,
Look to the future n fuck that past, check it fast,
What u wanna do u wanna cut? What?
I guess u wanna fuck?!

Good times or bad times, it doesn't really matter wassup,
Shake that shit, do the duck dance: u outta control, just don't fall,
Got no need to be playing the wall: activate,
On this song let's decapitate; fuck that pride, enjoy that ride,
Problems got to put them on the side,
1-8-7 got to put them outside, word up, drinks up,
Friendship n fist up,
Watch or zip u gotta put a wrist up, ready set go, there it is:
Whoop there it is! I really wanna do this shit to the fullest just shake shake shake
And take take take!

Chorus 2x