

# Mae Stephens, ADHD

I don't remember what I said two minutes ago  
Have alarms every minute on my goddamn phone  
Spent my entire day, lazy, just sat at home  
Bingin' shows I've seen fifty times before, like  
What the fuck was I singin' about?  
Got a hundred different riddles I can't figure out  
Buy the same damn snacks so I don't run out  
Got a new funny joke, lemme tell you about it, like

New hyper-fixation, God, I'm over-stimulated  
And my mind just keeps replayin' over and over

ADHD, what the fuck are you doin' to me?  
And my ADHD, got to put my mind at ease  
I got the OCD and the trauma, please  
But my ADHD is what keeps the love for you and me

Da-da, da-da, da-da, da-da  
Da-da, da-da, da-da, da-da  
Da-da, da-da, da-da, da-da  
ADHD  
Da-da, da-da, da-da, da-da  
Da-da, da-da, da-da, da-da  
Da-da, da-da, da-da, da-da  
ADHD

A is for attention that I try to take the lead  
And the D is for the deficit of functionality  
Then the H is hyperactive, which is absolutely me  
And disorder is the wrong term, it's just my normality, ha

ADHD, what the fuck are you doin' to me?  
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ADHD  
Da-da, da-da, da-da, da-da  
Da-da, da-da, da-da, da-da  
Da-da, da-da, da-da, da-da  
ADHD and me

What the fuck was I singin' about?  
What the fuck was I singin' about?  
ADHD  
What the fuck was I singin' about?  
Disorder is the wrong term, it's just my normality, ha

Da-da, da-da, da-da, da-da  
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Da-da, da-da, da-da, da-da  
ADHD  
Da-da, da-da, da-da, da-da  
Da-da, da-da, da-da, da-da  
Da-da, da-da, da-da, da-da  
ADHD and me

Nah-nah, hey, hey, ah  
Nah-nah, hey, hey, nah  
Nah-nah, hey, hey, it's just my normality, ha  
Nah-nah, hey, nah, nah

Nah-nah, hey, nah, nah  
Oh-nah, hey, hey, it's just my normality, ha