Man Man, Dig Deep

Oh, it's no secret Or untold mystery This world that we're born into Tiptoes the line and runs between

Chaos and beauty
Violence and love
Hate and forgiveness
Forever testing the strength of our spirit
Will we snap or will we sing?

You gotta dig deep You gotta dig deeper And never forget who you are And never forget to remember

That when life decides to take a swing Everybody breaks, it's how you maintain A state of grace in your heart

And if you're feeling Life is an island And you're abandoning The wilderness of human indecision

And your faith, it quits you Like an empty parachute And you're falling into the darkness Gotta remember you're not alone Don't snap and always know

You gotta dig deep You gotta dig deeper And never forget who you are And never forget to remember

That your heart, oh it ain't carved of stone It takes compassion to weather the storm And a state of grace in your heart

In the blink of a lifetime I've seen the struggle for change And the kind of tragedies that would Freeze a river of ice in your veins

You gotta hold your head high And your hands even higher And know you're not alone

You gotta dig deep You gotta dig deeper And never forget who you are And never forget to remember

That when life decides to take a swing Everybody breaks, it's how you maintain A state of grace in your heart A state of grace in your heart