

# Mary J. Blige, Forever No More

No more invisible speechless, deaf and blind child  
With neglected pleasures being addicted to denial  
Floating through time, gravitating towards a warm arm  
With an appetite for the emptiness that promises no harm

No more uncontrollable eruptions of emotional depression  
A primal s.o.s. from the barren prison or selfless expression that only the guilty with innocent  
Souls-know buried in social scar tissue of defective ego

No more relentless sifting through bodies seeking self  
Settling through competitive combat for what's left on the shelf  
A mad melee of supply and demand driven by gullible pride that leads to sedating the you that suffer

No more - forever no more - because i've unshut my eyes and the and the difference between gods  
Let me to never seek from man what God has chosen

Then the negative whispering subsided and the panicking ceased the undercurrent suppression of

A positive message of truth entered my ear

Now, across me face is a brand new smile  
With a newly revealed meaning of a "destined child"  
A message of hope is being released from my heart  
And I am overwhelmed with dedication to do my part

All I ever wanted was to be as I once was - unbounded  
Somehow it got all twisted and before long sounded  
As though life was a continuous connive-thrive-drive  
Choking out the simple joy of just being alive

Now I am filled with love and I sing a love song  
A song for yesterday, today, tomorrow and beyond  
My new prayer is- thank you God for setting me free  
And thank you God for giving me back me