McFly, I'll Be OK

When everything is going wrong And things are just a little strange It's been so long now You've forgotten how to smile. And overhead the skies are clear But it still seems to rain on you, And your only friends all have Better things to do.

[Chorus:]
When your down and lost
And you need a helping hand
When your down and lost
Along the way
Oh, just tell yourself
Ah, I'll be OK

Now things are only getting worse
And you need someone to take the blame
When your lover's gone
There's no-one to share the pain
Your sleeping with the TV on
And your lying in an empty bed
All the alcohol in the world
Could never help me to forget

[Chorus:]
When your down and lost
And you need a helping hand
When your down and lost
Along the way,
Just try a little harder
Try your best to make it
Through the day,
Oh just tell yourself
Ah, I'll be OK

You're not alone (you're not alone) You're not alone (you're not alone) You're not alone

Just tell yourself Ah, I'll be OK Oh, just tell yourself Ah, I'll be OK Won't you tell yourself

[Chorus:]
When your down and lost
And you need a helping hand
When your down and lost
Along the way,
Try a little harder
Try your best to make it
Through the day

Oh, just tell yourself Ah, I'll be OK Ah, I'll be OK Ah, I'll be OK