# Meghan Trainor, Bad For Me (ft. Teddy Swims)

Please don't make promises that you can't keep
Your best intentions end up hurting me
No matter what, I'll love you endlessly
I know we're blood, but this love is bad for me

I can't tell you what I wanna say
'Cause I, I'm afraid that you won't change
Sometimes, I just wanna scream in your face
But when you're in pain, I just walk away

And my, my therapist told me to write you a letter, mmm
She said if I did, it would make me feel better
But it wouldn't do shit even if I sent it
'Cause you won't get it, you're too damn selfish, mmm

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But I gotta run, I gotta run from your reality
I know we're blood, but this love is bad for me

Damn, it's hard for me to let go
From someone I held so close, mmm
Damn, it's hard for me to draw that line
And leave you on the other side

But my, my therapist told me to write you a letter, mmm
She said if I did, it would make me feel better, oh
But it wouldn't do shit even if I sent it
'Cause you won't get it, you're too damn selfish, oh

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And when you lie (And when you lie)
There's a part of you that dies
That I'm left with (I'm left with)
It gets hectic (It gets hectic)
When you lie (And when you lie)
I wonder why I try
But you can't help it, you're too damn selfish, mmm

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