

# Melanie B (Melanie Brown), Hold On

As we travel through life the seasons change  
But the truth remains the same always  
So pause for a second take a breath and maybe then you'll understand  
It's ok to feel helpless and ask the questions why  
It's all part of the tapestry so don't give up your fight

Hold on hold on  
To what you believe in  
So come on, hold on hold on  
You know you can do it  
If you hold, hold on

No-one knows what tomorrow brings  
So try and live life here and now in your way  
Throughout all your struggle and pain  
Remember those times are not in vain  
It's ok to feel sadness  
Things, they will all work out  
Nobody said it was easy, no  
Trust in who you are now

Hold on hold on  
To what you believe in  
So come on, hold on hold on  
You know you can do it  
The power's within you  
Freedom to win, hold on

There is always so much more to life  
Rise above and stand strong  
There you'll find the light you're searching for  
The place you belong

Hold on hold on  
To what you believe in  
Hold on hold on  
You know you can do it  
You know the power's within you  
Freedom to win - if you hold, hold on