Michael Franti & Spearhead, Food For The Mass

I love family 'cause family brings inspirations one love to you and peace to all the nations Aztlan the Puerto Rican and Jamaican the African the Maori, Kouri and the Haitian on the chocolate reservation I'll take a hit and then pass the information to the left hand side and keep providin', pride and, sustenance and guidance Mass Hysteria fools breaking down the barrier militant cliques big up the area put your fist in the air now, show me that cha care now and that cha really know how Don't get thee behind me Satan I'll keep thee in front so I can kick thee in the ass and assassinate all your wicked inventions your new world order and your global intentions not to mention the department of corrections makin' money off of people in detention doin' time for possessions countin' the days in the dark they buildin' up aggressins progressions all the dirty lessons in the belly of the beast only God hears confessions Geronimo Pratt's still sittin' in the cellar done as many years as they did Mandela Parole board wanted to know are you remorseful how could I be becouse I didn't do the crime yo y'alls the Motha fucka's that's guilty lockin' me in solitary eight years of filthy kill the messanger, you can't kill the message yo I'm bringin' food for the masses

(Chorus)

For the Masses for the masses mental food food for the masses for the masses for the masses for the true for the true For the Masses for the masses mental food food for the masses for the masses for the true for the true

So let's eat have a seat call the Maitre D' commencin' with the riddim I get open on the beat let 'em say what they say about the way that we be it's the year two triple O They can't stop we Aw'ight, Sellassie I the book unfolds I write 'cause half the story has never been told so No one can stop it the whole world's droppin out the socket Blowin' up, like NASA when I rock it the high tech ways of the civilized man can't stand my people but ya love the sun tan Fly the space shuttle like dancer and prancer you nuke the north pole now you got skin cancer the answer you see I'm fly like Lufthansa you can Valujet but you takin' big chances on crashes. Change your name like Cassius the classes be making food for the masses then shift to a speed that's common for the listeners MC's and wanna be street politicians in competition with the envious visions

they chasin' paper dollars to a pop chart prison but listen this isn't me against you 'cause the whole world's checking out the things that we do ya sold your soul to the Saint Ide's brew that's aw'ight I like the Sprite in you

(Chorus)