

# Missy Elliott, Throw Your Hands Up (Interlude)

(lil kim)

yo this the queen b  
and i came to say a little sumthing  
on my girl missy shit  
now see i got sumthing to say  
thats right i got a problem  
i got a problem wit all yall muthafuckers out there  
that got a problem wit us calling ourselves a bitch  
yeah thats right i said it muthafucker bitch wat  
ya see bitch is a strong word  
and only strong bitches can use that muthafucken terminology  
bitch  
i mean if u cant wear the name  
then dont try to use it  
shucks

(missy)

throw ur hands up if u like to get high  
make a phat beet so we can party all night  
if u got beef u gotta take it outside  
throw ur wrists up and lemme see ur ice shine  
(repeat 1 more time)