## Modern Life Is War, War

Between the world and me Pressure-splitting seams Imminent danger in the headlines

Glamour on the T.V. Chasing fools gold Growing cold Drowning in anxiety

Lack of reason Pushing symbols and clever phrasing False notions of ritual, credentials, comfort, safety Relentless and crowding

It's hard to breathe!

They'll give you the disease Then they'll sell you the cure The cure to set you free!